

MIDLOTHIAN AMATEUR BASEBALL ASSOCIATION



RISK MANAGEMENT

Updated: Fall 2025

**MIDLOTHIAN AMATEUR BASEBALL ASSOCIATION
ABUSE/MOLESTATION
RISK MANAGEMENT PROGRAM
“SAFE AT FIRST”**

1. BACKGROUND

Child abuse/molestation in the world of youth sports has received much media attention over the past ten (10) years. A recent Sports Illustrated article and frequent problems within churches and schools have heightened this awareness.

The June 9, 2003, feature article in Forbes Magazine states “the next litigation goldrush: child sexual abuse. Never mind the church – the Boy Scouts, day care firms, and Hollywood may be next.” This article outlines disturbing litigation trends where non-profit organizations like sports organizations and their directors and officers can be targeted as “deep pockets”.

Medical professionals state that the effects of child abuse can surface decades later and often result in suicide, violence, delinquency, drug and/or alcohol abuse, and other forms of criminality that are child abuse related.

There have been a number of multi-million-dollar verdicts against coaches and associations for sexual abuse over the past several years and at least one child has been killed.

2. PURPOSE

The purpose of this program is to reduce the liability risk and related negative publicity, expense, and trauma to Midlothian Amateur Baseball Association (MABA) and of course the children they serve. The likelihood of such can be reduced by making the environment unsuitable for the sexual predator and/or abuser.

3. **DEFINITIONS**

Child Abuse: Verbal abuse (ridicule or put-downs), physical abuse (any hurting touching or excessive exercise used as punishment), emotional abuse (threats to perform unreasonable tasks), and sexual abuse.

Sexual Abuse: Refers to a wide spectrum of interactions including rape, physical assault, sexual battery, unwanted physical sexual contact, unwelcome sexually explicit or offensive verbal communication, coercive or expletive sexual contact, verbal sexual harassment, and/or sexualized attention or contact with a minor.

President: Single person within the league who is responsible to administer the Child Abuse/Molestation Risk Management Program. The President is responsible for education, reviewing Volunteer Applications, checking references, conducting criminal background checks, handling appeals from disqualified candidates, conducting investigations on allegations of abuse, acting as liaison to local law enforcement, etc.

Volunteer: Citizens who perform the various functions entailed in the running of a league without pay including league officers and directors, committee personnel, coaches, managers, umpires, scorekeepers, concession workers, etc.

Sexual Offender Registry Check (SOR): SOR checks are currently available on the internet for free in 43 states. Each state determines its own definition of what constitutes a sex offender. As a result, some states only list high risk (level 3) sex offenders. SOR's rely on a third party to input the information and current media accounts indicate that SOR's in many states are more than 50% incomplete. SOR information only goes back to the mid 1990's in most states. SOR's will never indicate other serious criminal history such as murder, armed robbery, etc. For the reasons listed above, will not solely rely on a SOR check. Instead, a criminal background check (CBC) will also be used.

Criminal Background Check (CBC): CBC's will provide all misdemeanor and felony information (not just sex offenses) that MABA will take into account in the disqualification process. CBC's show offenses that go back a minimum of 7 years, but much longer in most cases. Also, CBC's do not rely on third parties to enter information into the database as this happens automatically as part of the judicial process. MABA will use CBC's in the volunteer screening process instead of relying solely on Sexual Offender Registry checks.

4. **POLICIES ON CHILD ABUSE/MOLESTATION**

MABA prohibits and does not tolerate abuse of any kind in any organization related activity. MABA has a Zero-Tolerance policy for any child and/or sexual abuse committed by an employee, volunteer, board member or third party.

Limit One on One Contact: It is this organization's policy that no activities shall take place involving one on one contact between a single, non-related league volunteer and a child, if such activities can be practically avoided. Instead, a "buddy system" is encouraged where two (2) adults should always be present during practices, games, carpooling, and special events.

Prohibition of Sleepovers: All MABA sanctioned team or league sleepover activities are prohibited whether overnight parties or traveling to away games. Exception: Teams traveling to far away tournaments can have sleepovers if each child is either accompanied by his/her parents or is being supervised by two (2) adults who are in each other's presence at all times.

Touch Policy: Touch is acceptable only if it is "respectful and appropriate". Some experts have adopted a no touch policy, but most experts believe that "no touch" is an overreaction and is ultimately damaging in itself and not practical.

Verbal Conduct Policy: Inappropriate comments of a sexual nature and suggestive jokes are prohibited.

Take Home/Pick-Up: Take home/pick-up of athletes by league personnel is strongly discouraged because of the difficulty in limiting one on one contact between adult and child (remember the Buddy System). Parent(s) should provide transportation for their own children to and from scheduled events. The league will clearly outline the expected start and end time for all events and communicate this with all parent(s). Parent(s) should be instructed to make back-up plans in the event they can't provide transportation. If the parent(s) can't provide transportation they must communicate to the sports organization the name of the person(s) who are authorized to pick up the child. Such a policy will help to protect against potential abductions or being thrust into the middle of any custody dispute.

Child Abuse Prohibition: All forms of sexual, physical, verbal and emotional abuse are prohibited.

Name Distribution: The distribution of directories/rosters with names, phone numbers, addresses, and pictures should be limited to people on a “need to know” basis.

5. **EXAMPLES OF ABUSE/MOLESTATION**

Emotional Abuse: Yelling or making the following statements:

- You’re stupid;
- You’re an idiot;
- You’re an embarrassment;
- You’re not worth the uniform you play in; etc.

Physical Abuse: Besides the obvious examples of a coach hitting, kicking, throwing equipment, or shaking a player, watch for the following:

- Behaviors seem violent versus disciplinary.
- Training practices become abusive
- Fighting is encouraged or ignored.
- Illegal moves, often associated with injuries, are encouraged;
- Coaches teach improper techniques or encourage conduct which violates safety rules.
- Coaches allow athlete(s) to become physically or verbally abusive.
- Behaviors result in injuries to athlete(s); etc.

Sexual Abuse: An adult may not improperly sexualize touch by fondling instead of hugging (with permission), kissing, or seductive stroking of various body parts. On the other hand, appropriate touching can be used when a young child needs comfort, reassurance, and support. Appropriate touch is respectful of a person’s personal boundaries and comfort level, public (done in front of others and not secretly), and nurturing (not sexualized).

- Misuse of power and authority.
- Misuse of love and affection.
- Manipulation or tricks:
 - *This is love.*
 - *This is what you need to be a part of the team.*
 - *This is what we do for initiation*
- Grooming: desensitization that begins with appropriate touch, then the touch changes. Examples:
 - *You liked the touch before.*
 - *What’s wrong? Don’t you trust me?*
 - *Courting (gifts, time, attention).*
 - *Romancing (talking of love or attraction);*
 - *Line (you’re special, I don’t usually do this sort of thing, you’re so mature, you’re so attractive).*

- *secrets (this is our special secret, others wouldn't understand, you or I would get in trouble)*

6. **WARNING SIGNS OF ABUSE/MOLESTATION**

With some forms of abuse, there may be physical indicators (examples: with physical abuse, bruises, welts, broken bones) or with sexual abuse venereal diseases, genital swelling/soreness, difficulty sitting or walking, pain or itching when urinating or defecating, stomach aches, pain/itching in genital area, and frequently unexplained sore throats. But most often the effects of sexual abuse are less obvious. For example, sudden shifts in behavior or attitudes when an outgoing child suddenly builds a protected, closed wall or a generally happy child becomes aggressive and angry, or a trusting child becomes fearful may be an indication of abuse. In sports, this can show up as losing interest or wanting to drop out of sports or a sudden decline in ability or functions.

Please note that no indicators or symptoms are absolute. Many of these could be indicators of problems other than child abuse. However, if some of these things are going on, consider them to be a red flag. One difficulty is that some signs are ambiguous. Children may respond in different ways, and some may show no sign at all. Some indicators include:

- Disclosure by child. Most children won't just come out and say they have been abused, but instead, they may hint at it.
- Observations, complaints, concerns, or allegations about league volunteers.
- Attitudes/behaviors expressed on the part of an adult that may be associated with inappropriate or abusive behavior (racist, poor sense of athlete development, raging temper, extremely controlling, jealous, hypersensitive, poor sexual boundaries, bullying, intimidating manner, unrealistic or inappropriate training practices and risks, etc.)
- Unexplained/unlikely explanation of injuries.
- Extreme fear of a league volunteer.
- Extremely low self-esteem, self-worth.
- A child's attachment to a coach/staff to the point of isolation from others.
- A coach/staff with an interest beyond caring concerns, special interest in a child (time, gifts, attention, obsession, unrealistic expectations)
- A child's desire to drop out without a clear explanation, or without one that makes sense.

- A child that misses a lot of practices or games with suspicious explanations or excuses.

Despite increased sensitivity to abuse, there is still a tendency to blame the victims instead of holding the person(s) accountable who:

- lost their temper.
- got a little out of control.
- were just having a dispute.
- misinterpreted the touch.
- is really a wonderful person; etc.

Listen to what the athlete is saying.

7. ALLEGATIONS OF ABUSE/MOLESTATION AND OTHER POLICY VIOLATIONS

Point of Contact: The President is the appropriate person to whom all reports of child abuse/molestation should be reported. In the event that the President is the alleged abuser/molester, the report should be made to the Player Agent/Commissioner of the sports organization.

Assessing the Seriousness of the Situation: It is useful to differentiate between:

Concern: When the person just needs to be heard and have some information clarified.

Complaint: When the person needs you to listen and may or may not want action taken if they feel you listened.

Allegation: Clarify if the allegation is:

- appropriate, but unappreciated act;
- inappropriate act, but not illegal act;
- illegal act that needs to be reported to law enforcement.

Disclosure: When the person tells you that abuse occurred or based on their actions gives you reason to believe abuse has occurred.

The President must take the appropriate action depending on where the situation falls in the above-mentioned categories.

Information Gathering:

Upon receipt of a disclosure of child/sexual abuse or of a policy violation the President will gather all pertinent facts in a fair, respectful, and confidential manner and review with both the accuser and accused. All such disclosures must be brought to the attention of the Board of Directors.

The President must immediately report to the authorities when there is reasonable cause to believe that physical abuse or sexual abuse has occurred. At this point, the President should never investigate, as this is the role of the law enforcement authorities. Furthermore, allowing the law enforcement authorities to investigate helps to shield MABA against potential lawsuits for defamation of character.

Suspension/Termination: The findings of the President should be reported to the Board of Directors and all proceedings should be confidential. If the alleged abuser or policy violator admits to the conduct, the Board can employ the most appropriate punishment. If the alleged abuser or policy violator denies the conduct, the Board can conduct further investigations (except when reasonable cause of physical or sexual abuse exists that should be reported to the authorities) deemed necessary prior to rendering any appropriate punishment or exoneration.

Remember, the alleged violations range from inappropriate, but not illegal behavior to clear cut child/sexual abuse and the punishment must be tailored to the violation.

Suspension: Less egregious conduct on the part of the volunteer will result in a written reprimand. If more than two (2) written reprimands are received in a three (3) year time period, this will result in termination of the volunteer. Slightly more egregious conduct will result in both a written reprimand and suspension. Upon the second suspension in a three (3) year time period, the volunteer will be terminated.

Termination: All volunteers are subject to immediate termination based on the disqualification criteria outlined below or violation of the Coaches Code of Conduct.

Duty to Disclose/Immunity/Confidentiality:

All volunteers are required by state law to report suspected cases of child/sexual abuse. Any person(s) who makes or participates in the making of a good-faith report of abuse/neglect, participates in the investigation, or in judicial proceedings shall in so doing be provided with complete and absolute immunity from civil liability.

The identity of the Volunteer reporting a case of suspected child/sexual abuse will not be revealed. All records and reports concerning investigations and their outcome are protected by various confidentiality laws. Unauthorized disclosure of such records is a possible criminal offense which could subject the violator to fines and/or imprisonment.

Cases of suspected abuse must be reported to the Department of Family and Protective Services.

8. VOLUNTEER SCREENING

Volunteer Application and Consent/Release Form:

All volunteers who have regular access to or repeated contact with athletes must complete the background check sent through the league's third party provider. This would normally include all head coaches, assistant coaches, managers, league administrators, umpires, and team moms, etc. Refusal to comply will result in immediate dismissal from the sports organization even if the volunteer has been allowed to participate in the past.

The President will review all such checks, and may conduct a follow-up interview to clarify questions, and will decide whether or not the candidate is disqualified based on this information.

Disqualification Criteria:

Individual volunteers found to be guilty of the following crimes will be disqualified as a volunteer as outlined below. Guilty means the applicant was found guilty following a trial, entered a guilty plea, entered a no contest plea accompanied by the court's finding of guilty, regardless of whether there was an adjudication of guilt (conviction) or a withholding of guilt. This policy does not apply if criminal charges resulted in acquittal, dismissal or in an entry of "nolle prosequi":

Ever Found to Be Guilty Of:

- All sex offenses including child molestation, rape, sexual assault, sexual battery, sodomy, prostitution, solicitation, indecent exposure, etc. All felony violence including murder, manslaughter, aggravated assault, kidnapping, robbery, aggravated burglary, etc.

Found To Be Guilty Within the Past 10 Years Of:

- All felony offenses other than violence or sex including drug offenses, theft, embezzlement, fraud, child endangerment, etc.

Found To Be Guilty Within the Past 7 Years Of:

- All misdemeanor violence offenses including simple assault, battery, domestic violence, hit & run, etc.

Found To Be Guilty Within the Past 5 Years or Multiple Offenses in the Past 10 Years Of:

- Misdemeanor drug and alcohol offenses including driving under the influence, simple drug possession, drunk and disorderly, public intoxication, possession of drug paraphernalia, etc.

Any other misdemeanor within the past 5 years that would be considered a potential danger to children or is directly related to the functions of the volunteer including contributing to the delinquency of a minor, providing alcohol to a minor, theft – if volunteer is handling monies, etc.

Should any pending charges described in 1-3 above be uncovered or should any of the above charges be brought against an applicant during the season, the applicant shall be suspended from serving until such time as the charges have been cleared or dropped and the Board has approved reinstatement.

Criminal Background Check: The President will conduct a Criminal Background Check and will search records in all current and past counties of residence of the volunteer. This procedure is confidential and only the President and/or Vice - President as well as the league's executive assistant will have access to these records. The President will decide whether or not the candidate is disqualified based on the findings and the predetermined disqualification guidelines that have been set in writing by the sports organization.

Appeals: Candidate(s) disqualified due to an unsatisfactory Referral or Criminal Background Check and/or other reason(s) will be given the right to appeal upon written notification to the Conduct Official. The Board will appoint three (3) board members to hear the appeal and they will decide whether or not to uphold or overturn the decision of the Conduct Official. As a compromise, the appeal committee may decide to reassign a candidate to a more appropriate position or to place the candidate under a probationary period. The results of all criminal background checks and appeals will be kept confidential.

Acknowledgment Of Training: All volunteers who have been accepted must read the MABA Child Abuse/Molestation Risk Management Program (Safe At First) and must agree to abide by the rules.